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# DC SWING eXperience 2022

**Contest  
Rules**



**Code of  
Conduct**



**Health  
Safety**



## THURSDAY

**Luray Ballroom**

**Cirrus BCD**

**Cirrus A**

**Rockbridge**

*Contests close 1 hr before the start of the session*

8pm

"The Best Way to Start the Weekend"  
Greg & Lemery

**STS**

"Frame & Connection"  
Ticketed Session  
Brandi Guild 4-8:30pm

"WCS 101" (L0)  
Robin Smith 7-8pm  
Welcome Program Orientation  
Kay Newhouse

*Watch Live!*

8pm

*Hotel Channel 65  
DCSwingeXperience.com/live*

9pm

Dancing All Night Long

*Welcome!*

Open Dancing  
Hosts Steve & Lara

9pm

## FRIDAY

12pm

"Elevated Basics"  
Jason & Annmarie (L2)

*Instant scoring!  
Awards immediately  
follow each session.*

"Body Flight & Passes" (L1)  
Debbie Tuttle-Steffanina



12pm

1pm

"Twistin' The Night Away" (Solo)  
Carla Cowen- Heiney

1pm

2pm

"Footwork Vocabulary"  
Robert Royston

"Real Good Rides"  
Arjay & Malia (L3)

"Sweet Connection &  
Sugar Pushes"  
Steve & Lara (L1)

"Creative Communication"  
Ticketed Session  
Sean & Alyssa

2pm

3pm

"Moves for Days"  
KP & Bryn

3pm

4pm

Open Dancing

"Spotlight Strategy"  
Kyle & Sarah (L3)

"Tuck This" (L1)  
Arjay & Malia

**STS**

4pm

5pm

**Strictly  
Swing**

**Newcomer/Novice,  
Intermediate, Sophisticated,  
Masters,  
Advanced, Switch**

"Opportunities to Play"  
Brandi (L2)

NWP Orientation  
Kay Newhouse



5pm

6pm

"Strike a Pose"  
Kyle & Sarah

"WCS 101" (L0)  
Tessa Antolini

Jrs & College Student Workshop  
Melodie & Byron

6pm

8pm

Open Dancing

"Speed Change"  
KP & Bryn (L2)

"Social Dance Success"  
Kay Newhouse (NWP)

*Pro Staff are available  
for private lessons!  
Check them out here:*

8pm

9pm

**Strictly Swing Allstar**

Open Dancing  
Hosts Ed & Gail



9pm

10pm

**All In Jack & Jill Mixer**



10pm

**Pro Staff Jam**

Dancing All Night Long

### Handy links for competitors

Callbacks will be posted on the screen and on the Facebook group:



Scores will be shared at the end of the weekend:



### Self-Sorted Workshops

All= Appropriate for all levels.

L1= Fundamental patterns and techniques with basic partnering & musicality concepts.

L2= Requires fluent recall & application of pushes, passes, turns, whips, and basic variations.

L3= Complex patterns or detailed technique. Significant previous experience needed.

**STS** = Separately Ticketed Session, pre-registration required.




# SATURDAY

Luray Ballroom


Cirrus BCD

Cirrus A

Rockbridge

10am	"Echoes" Sean & Alyssa			Masters Workshop Katie Bigelow	Barre for Westies Margie Tuttle	10am
11am	Open Dancing		Newcomer J&J Warmup Kay Newhouse	"Shoulder Therapy Movement Lab" Megan Dupree (Body Work)	<p><b>Advanced Workshop</b> Entry to this workshop is based on WSDC competition level. Look up your level:</p> 	11am
12pm	Jack & Jill	<b>Novice, Newcomer Prelim(s)</b>	Open Dancing			12pm
1pm		<b>Intermediate, Advanced Masters Prelim(s)</b>	"Superbe WCS" (L3) Mélodie & Byron	"Whips and Variations" Eric Byers (L1)		1pm
2pm		<b>Soph, Allstar Prelim(s) Newcomer Final</b>				2pm
3pm		<b>ProAm Followers: New/Novice, Intermediate</b>	"Movement from the Ground Up" Brandi (All Levels)	"Spins, Turns, Styling" (L1) Debbie Tuttle- Steffanina		3pm
4pm		<b>ProAm Leaders: New/Novice, Intermediate</b>				4pm
5pm	Closed for Rehearsal Lobby "Storytime" with Robert Royston		"Social Switches" Erica Smith (L2 in both roles)	"Fun Social Patterns" (L1) Jason & Annmarie	<p><b>STS</b></p> <p>"Set Your Partner Up For Success" Ticketed Session (Adv+) Kyle &amp; Sarah</p>	5pm
6pm	Open Dancing		"Shape Your Moves" Erica Smith (L2)	"Rock & Go" Eric Byers (L1)		6pm
7pm	Open Dancing					7pm
8pm	SHOW	<b>Rising Star Superstar Show</b>	<p>Competitors: check in 15 minutes before your contest begins!</p> 		<p><b>DANCE JAM PRODUCTIONS</b></p>	8pm
9pm		Open Dancing				9pm
		<b>Jack &amp; Jill Invitational</b>				
	Dancing All Night Long		Open Dancing		Piano Sing Along Chris Rupp 11pm Lobby	

# SUNDAY

10am				Yoga Eliot Smalheiser	<p>"Partnership &amp; Presence" Ticketed Session Robert Royston</p>	10am
11am	"How to Stay on Time With Any Partner" Tessa Antolini		"Spotlight Critique" Brandi Guild (L3)	"Footwork Fundamentals" Steve & Lara (L1)		11am
12pm	Open Dancing					12pm
	<b>JJ Finals Novice, Int, Sophisticated</b>					
1pm	Open Dancing				<p><b>STS</b></p> <p>How was DCSX? Let us know!</p> 	1pm
2pm	<b>ProAm Spotlight</b>		"Rescue Moves" Sean & Alyssa (L3)	"Finishing Touches" Alyssa Lundgren (L1)		2pm
3pm	Open Dancing					3pm
	<b>JJ Finals (Spotlight) Masters, Advanced, AllStar</b>		"One Foot Spins" Greg & Lemery (L2)	Newcomer Welcome Program Wrap-Up Kay Newhouse		
8pm	#alwaysstaysunday		Afterglow Party			8pm

Let's do it again!



March 2-5, 2023  
Hyatt Regency Reston  
atlanticdancejam.com



August 10-13, 2023  
Hyatt Regency Dulles  
swingfling.com



Nov 16-19, 2023  
Hyatt Regency Dulles  
DCSwingExperience.com